

Our Ancestors enjoyed loving whānau relationships



Traditional values and practices

*Ngā hiahia kia titiro ki te tīmatatanga, ā ka kite ai tatou te mutunga.
You must understand the beginning if you wish to see the end.*

There is plenty of evidence indicating **that traditional family life for our tūpuna was characterised by loving whānau relationships.**

Evidence from Mātauranga Māori and a range of historical sources suggests that **whānau were places of harmony and positive parenting**, and that there was **intolerance of any form of whānau violence**. The place of tamariki and mokopuna was secure and all children were celebrated. They were central to the wellbeing of the whānau, hapū and iwi.

Downloadable resources

- **[Our ancestors enjoyed loving whānau relationships](#)** – explore the evidence that violence towards women and children is not traditional, and kōrero around what it means for whānau today
- Videos:
 - **[Our ancestors were loving parents](#)**
 - **[Our ancestors were tender fathers](#)**
 - **[Our wāhine were strong and valued](#)**
- **[Our Ancestors information sheets](#)** – 5 A4 fact sheets useful for the whole whānau or in hui

Printed resources

- To request printed sets of the Our Ancestors resources, please email admin@etuwhanau.org.nz



***Te mana kaha o te whānau
The strength and power of whānau***