

# BECOMING A FATHER IS EASY BEING A DAD ISN'T

## **SET A GOOD EXAMPLE**

Your children may not listen to what you say but they will imitate what you do.

## **SHOW THEM THAT YOU LOVE THEIR MOTHER**

Children feel safe and secure when their parents are happy and respect each other

## **TALK TO EACH OTHER POSITIVELY**

Give heaps of praise to your family and to yourself too. Speak openly and honestly with compassion