

Māori values help to protect whānau

SOCIAL CAPITAL

Feeling a part of the community

Social capital is associated with positive child and whānau wellbeing, and is characterised by:

- community participation
- feelings of trust
- tolerance of diversity
- a sense of connectedness to other community members.

The stronger the social ties that people have to others in their community, the more likely it is that the community will have a baseline of shared standards, as well as sanctions for violating them.

Even when other risk factors are present, living in a community with strong social cohesion has a protective effect and reduces the risk of violence.

E Tū Whānau values that help to provide social capital:

- **Whanaungatanga**
- **Whakapapa**
- **Mana/manaaki**

Some of the things we do to build these values in our homes and communities:

- *We hold the role as Tangata whenua and we perform duties to keep whānau and the wider community safe*
- *We play an advisory / education role in areas of significance and cultural matters*
- *We belong to sports clubs and we enjoy regular get-togethers with other whānau and club members*
- *We participate in community events like school fundraisers*
- *We support our tamariki at school, sports and cultural events*
- *We belong to a whānau, hapū, marae or iwi trust, or some other community organisation*
- *We share our culture and tikanga to all through marae, our knowledge and partnerships*
- *We carry out our responsibilities to our whānau, hapū, iwi and wider community, with honour and pride*
- *We accept others without judgement and support them in times of need.*

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